

## Sarah Sol Code of Ethics

### Client-Practitioner Relationship

- **Client-Centered:** I support client sovereignty and agency. I maintain that the client's needs and experiences are of utmost importance. I hold my seat as a practitioner by practicing humility, equanimity, constant self-tracking, and by prioritizing the needs/experiences of the client over my own.
- **Unconditional Positive Regard:** I have deep respect for my clients and their experiences. I practice non-judgement and non-discrimination. I see my clients as "whole." I do not assume that I "know" more than the client.
- **Do No Harm:** I create spaces that support of the safety of the client and in which potential for harm is minimized. I create spaces in which harm that occurs or arises may be mended.
- **Purview:** I only practice within the limits of my skills or experience. I refuse sessions with clients that would be outside of this purview and I refer clients to other practitioners as needed. I only perform healing within the parameter(s) of what my client has requested.
- **Transparency and Accountability:** I am transparent regarding my approach and services, and I share and discuss details regarding the goals and parameters of the healing engagement with the client.
- **Informed Consent:** I request and require explicit/stated permission/consent of my clients before performing any healing or other activity.
- **Confidentiality:** I do not share personal information nor any information/experiences that arise within a session with anyone outside of the sacred space or relationship established between the client and myself as practitioner.
- **Humor and Play:** I incorporate the medicines of humor, fun, and play as appropriate in healing sessions.

### Self as Practitioner

- **Self-Care and Self-Development:** I am committed to constant self-care, healing, growth, and development. I regularly consult with peers and teachers, and I participate in continuing education opportunities.
- **Partnership with Spirit Realm, Natural World, and Aka Dua:** I am deeply committed to ongoing partnership and exchange with the Spirit Realm and Natural World. My integrity as a practitioner is determined by relying upon the Helping Spirits as the "experts," following their lead in providing all healings, and activating the Aka Dua in all interactions with clients. I continually step into the Great Mystery and offer myself humbly in service to the benefit of all beings everywhere.
- **Community Cohesion:** I support and maintain harmonious, equitable relationships within my immediate and wider social and professional circles.